

Church, to Live is Christ

21 For to me, to live is Christ.

Philippians 1:21 NKJV

FCI Faith Group Program

May 21, 2023

3 JOHN SERIES – WHAT MAKES YOU HAPPY?

- How do the people of God rejoice in the Old Testament and New Testament?
- **Habakkuk 3:18** – Yet I will rejoice in the Lord, I will joy in the God of my salvation.
- **Psalms 63:7** – Because You have been my help, therefore in the shadow of Your wings I will rejoice.
- *Dahil tinulungan ka na dati ni Lord, pwede ka pa ring magalak kasi tutulungan ka ulit Niya, tuluy-tuloy lang yan.* You can rejoice in the shadow of His wings. *Pag alam mong protektado at protektado ka, maski may problema ka,* you can rejoice.
- **Psalms 9:2** – I will be glad and rejoice in You, I will sing praise to Your name, O Most High. – This is even in the midst of situations and things will turn around for your benefit.
- How about Paul? Rejoicing in hope. *Dahil si Kristo ang ating pag-asa,* we are patient in tribulation, continuing steadfastly in prayer.
- Whether Old Testament or New Testament people, we can rejoice.
- God has given us many reasons, so many visions for us to rejoice all the days of our lives. *Pag nakatingin ka sa mga bagay na ginawa Panginoonh Hesus para sa atin,* you will rejoice all the time.
- Ang mga binayaran ni Kristo ay permanent, hindi nagbabago, constant in our lives.
- Put your eyes on Jesus and His finished work and you will be forever happy and rejoicing.
- *Saan mo ilalagay ang iyong kaligayahan? Sa katotohanan lamang.*
- Joy is already in us. This is the fruit of the Holy Spirit in you. It works by putting your joy in the things that are eternal.
- In this earthen vessel, God has put a lot of treasure in you.
- Precious things are not lying around, we need to dig deep. In the Word, when you dig deep with understanding, you will find all the treasure that God has provided you. (Ex. Read **Ephesians 1**)
- The Word of God is like a map, the Holy Spirit leads you to the treasures that are already in you.
- True joy – *hindi lumilipas, hindi nabubulok, hindi nagbabago magkasala ka man o hindi.*
- The Holy Spirit will always be in you, will never leave you nor forsake you. Ang fruits *Niya* in you, *hindi Niya binabawi.*
- **3 John 1:1-4** – John rejoices greatly over people walking in truth.
- *Maski naghihintay ka pa ng ani mo, pwede ka ng magalak kasi naglalakad ka sa katotohanan.*
- *Ano ang katotohanan?* Jesus is the truth. And you believe every good thing that He has done for you.
- There are so many things to thank God for. Remember, Jesus came to give us life and to have it more abundantly. That we have eternal life – to live forever and ever.
- Living in the truth is what matters. Living in truth will make you rejoice greatly.
- *Marami tayong ipagpapasalamat habang tayo ay naghihintay ng ating mga pangarap.* Be happy all the way until you receive it.
- *Maraming bagay ang mas mahalaga kesa sa pera.* (Ex. *Kalusugan*).
- The truth is everything we need is already in us. *Nasa iyo na ang lahat!* Why? Because you have Jesus in you. When you have Jesus in you, you have everything in you.
- You just need to prosper your soul to manifest it. Believe it, speak it out, and sow.
- Where do we derive our joy and happiness? *Tamang* perspective: Contrast problems/your sadness with what God has already given you.
- *Walang kalungkutan sa Diyos, kagalakan lang ang meron sa Kanya.* He took all our sadness, all curse.

- Jesus is the truth. *Sa Kanya mo ibase ang kaligayahan at kagalakan mo.* All the rest are non-essentials *sa buhay natin.*
- This world is under the sway of the evil one and it gives importance to material things, temporal not eternal. The thief, the devil, comes to steal, kill, and destroy. (**John 10:10**)
- Ex. Some people have displaced joy. They take joy in pain. *Ginagawang toxic ang relationship.* But the Lord has set us free from all bondages. *Malaya na tayo diyay.* Let us enjoy the harmony in our relationship.
- Reminder: Do not base your happiness on something you do not have. *Maging masaya tayo habang wala pa ang ating hinihiling.*
- When you focus on one problem only, you miss it because Jesus gave us abundant life (**John 10:10**). What a waste of time, *sayang ang panahon.*
- Do not magnify what the devil did to you or stole from you. This is all happening to all of us – the stealing, the killing, the destroying, but Jesus has given us life more abundantly. This is greater and we should rejoice in this! Celebrate this than focusing on the problem!
- *Pag may problema,* do not meditate on it. Cast all your cares upon the Lord for He cares for you. Don't take any burden. Give it all to Him.
- *Kapag ang problema hindi mo prinoblema, wala kang problema.* You don't have to worry about anything. But through your prayers, lift up everything to the Lord who cares for you.
- Ex. When John the Baptist was beheaded, Jesus still ministered; When Lazarus was about to die, Jesus still ministered.
- Refuse to worry. You do not have to stress about anything. Rest in the Lord. Fill your thoughts with thanksgiving. Focus on Jesus and the eternal things He has given you.
- **1 Thessalonians 5:16-18** – Rejoice always. Pray without ceasing. In everything give thanks!
- **James 1:2-3** – We come out mature, patient because of the testing of our faith from the enemy. *Hindi galing kay Lord ang trials.* Only good and perfect gift come from God.
- *Panalo ka palagi dahil ikaw ay na kay Kristo. Wala kang katalo-talo!*
- *Kapag may problema,* magrejoice ka. Shine! It's your golden hour. *Pag may mga higante tayong problema,* it will just show Jesus who is in us today. It brings out the victorious one in you.
- Learn to say no to sadness so you can make room and say yes to gladness.
- **Philippians 4:4** – Rejoice in the Lord always. Again I will say, rejoice! Joy again and again.
- **Philippians 4:10-13** – In whatever state, to be content. You can do all things through Christ who strengthens you. Focus on the right thing, *kay Kristo Hesus.*
- Delight yourself in the Lord and He will give you the desires of your heart.
- Put your eyes on Jesus and everything that He has won for you, and you will always be rejoicing!
- **3 John 1:3** – Rejoice greatly. *Sa katotohanan tayo maglakad, huwag sa kalungkutan o kawalan.*
- Walk in the truth: Forever we are blessed. Forever we are forgiven. Forever we are made righteous. Forever we are in Christ. Walk in truth and you will always be rejoicing.
- How does a Christian rejoice? – **Ephesians 5:18-21:**
 1. Do not be drunk with wine. *Pwedeng uminom ng isang baso pero wag magpakalasing.*
 2. Be filled with the Spirit. – **Ephesians 5:9** goodness, righteousness, truth.
 3. Speaking to one another in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord.
 4. Giving thanks always for all things to God the Father in the name of our Lord Jesus Christ.
 5. Submitting to one another in the fear of God.
- Choose your battles in life. Stay in peace. As for you and your household, rejoice in the Lord!
- Do not overthink. That is worrying. Give room for God. Give room for your faith to work.

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